

# Passionfruit Mocktail



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## Passionfruit Mocktail

Serves: 2

Preparation time: 2 minutes

### Ingredients

- 50g passionfruit pulp
- ½ cheek fresh mango
- 6 slices of cucumber
- 1 lime (squeeze ½ into juice, slice ½ for garnish)
- 125ml ginger ale (use diet ginger ale for a lower sugar option)
- 100ml soda water
- 3 - 4 ice cubes

### Method

1. Muddle mango, 4 slices of cucumber, passionfruit pulp, lime juice in a cocktail shaker.
2. Add ice and shake, then pour into your cocktail glasses.
3. Pour ginger ale and soda water into your cocktail glasses.
4. Garnish with sliced cucumber and lime.

*“This fun mocktail is a delicious recipe for those trying to conceive, or are pregnant, or if you don’t drink alcohol – enjoy!”*

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Instagram [@fertility.pregnancy.nutrition](https://www.instagram.com/fertility.pregnancy.nutrition)